### Sample Itinerary:

\*Wi! change each year

Days one through five: Orientation, team building, and then leave for extended backpacking trip. Terrain covered will include both trailed peaks, "herd paths", and pure bushwhacks. The goal will be to teach camp skills, route-finding, and decision making in a challenging setting. After a resupply, camp the fifth night near the rock climbing area near Chapel Pond.

Days six and seven: Climb at the Beer Walls, with a focus on proper belay technique, harness operation, knot tying, and toprope anchor setup. Camp at cliffs the seventh night.

Days eight to eleven: Extended canoe trip during which participants will refine canoeing skills, practice T-rescue of a swamped canoe, and further practice good camping skills, route-finding, and decision making.

Return mid-afternoon.

## To Apply:

Visit www.atistrail.org and download an application form. Mail it in to the address listed below, or email it to atis@atistrail.org.



# ADIRONDACK TRAIL IMPROVEMENT SOCIETY

PO Box 565, Keene Valley, NY 12943 **T: (**518) 576-9157 (summer) **F:** (518) 576-9949 (also winter #) **W:** www.atistrail.org



# LEADERSHIP CAMP





"From a parent's perspective, I can only say positive things about the way you ran this camp "om beginning to end." # -Sarina Tcherepnin, parent of 2013 HPLC Camper

Leadership Camp is an eleven day wilderness camp designed for teens ages 14-17. The objective is to develop the outdoor leadership skills needed to safely and confidently lead wilderness trips. It is also to foster the ability to think independently and make safe and efficient decisions in the woods. Campers will backpack, bushwhack, rock climb, and canoe throughout the camp, tenting or sleeping in a lean-to each night.

Leadership camp is more strenuous than High Peaks Camp. Individual and group gear will be held in backpacks throughout the trip, and campers will be responsible for cooking and leading sections of trips.

Leadership Camp is led by two experienced counselors and is open to between six or sometimes seven campers. Campers are selected based on age, experience, and group dynamics.

## LEADERSHIP CAMP

Is Leadership Camp the right choice for my child?

#### **QLDER CAMPERS: 14-17'**

Leadership Camp is geared toward campers ages 14-17.

Campers range from prior High Peaks Campers to those scheduled to be CITS, so Leadership Camp is focused more on the outdoor skills needed to lead trips in the wilderness.





#### MORE REMOTE EXPERIENCE"

HPLC will take your child on a more remote backpacking experience. Campers will practice packing and repacking to arrive at the lightest set-up for longer trips.





### |AN EMPHASIS ON DEVELOPING |LEADERSHIP SKILLS"

Through games, instruction, and lots of practice, HPLC campers develop the leadership skills and confidence needed to both lead outdoors trips and to be a leader in broader settings.





#### MORE RESPONSIBILITY"

Campers at LC will cook and clean for themselves and the group. They will be versed in the Leave No Trace ethic, and will practice this throughout the trip. They will be responsible for leading sections of trips (with guidance and supervision), particularly bushwhacks requiring the use of map and compass.



