



2022 ATIS Adult Program Calendar

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Important, please note:

- ATIS outings are for adults only
- ADK Chapter outings allow children
- We include ADK Hurricane Mountain Chapter + ADK Keene Valley Chapter outings on this calendar because they may be of interest to our adult members
- Always call the trip leader by 5:00pm the day before the trip to verify that the trip is happening and to confirm plans

Check these websites throughout the summer, as schedules may change!

- ATIS www.atistrail.org (if we add/remove trips, we will upload a fresh copy of this schedule to the website; check the **red date** at the top to know when it was issued)
- ADK Hurricane Mountain Chapter <https://adk.org/chapter/hurricane-mountain/>
- ADK-Keene Valley Chapter <https://www.keenevalleytrails.org/outings>

Volunteers Welcome!

ATIS is always seeking volunteers to lead Adult trips. If you're interested in leading a trip or have questions, please contact Joanna Smith at jsmithlpc@gmail.com or Terry Buchanan terrybear2106@msn.com.

June Calendar

Thursday, June 9 / 10:00am

High Tea Hike

Hosted by: ADK Hurricane Mountain Chapter

Let's honor Queen Elizabeth II's Silver Jubilee by celebrating her official birthday with a High Tea Hike (we will be enjoying "official" shortbread purchased last month while in England!). We'll meet at Crow Clearing and hike into the Gulf Brook Lean-To, which is a one mile, level walk. Hats, pearls, and gloves are optional! Call or email Nancy Kohlbecker, 518-576-2294, nancykohlbecker@gmail.com.

Wednesday, June 29th / 10:00am – 3:00pm

Welcome to Summer Hike: Spread Eagle & Hopkins

Hosted by: ATIS

Warm up those legs and start the season off right with a hike up Spread Eagle & Hopkins from Beede Road. Meet at Redcroft, 133A Beede Road. This hike is rarely travelled and is extremely beautiful. ½ the journey will be on dirt roads leading to the trail. Once on the trail it is 1.1 miles

over spread eagle to the top of Hopkins. The trail is steep at times and a bit wet in places. Bring lots of bug spray, water and a big lunch. Call, text or email Joanna Smith, 832-578-6889, jsmithlpc@gmail.com.

July Calendar

Thursday, July 7 / 9:00am – 2:00pm

Knob Lock

Hosted by: [ADK Keene Valley Chapter](#)

4 miles RT on a mostly good herd path with a bit of scrambling to the top. Contact Tony Goodwin, tgoodwin12942@gmail.com.

Friday, July 8 / Time TBD

Snowy Mountain

Hosted by: [ATIS](#)

Snowy Mountain is a challenging 7.8 mile (round trip) hike alongside beautiful streams and through towering forests to reach a summit with a firetower that provides sweeping 360-degree views of the central Adirondacks. 3.9 mile (7.8 miles round-trip). Contact Terry Buchanan, terrybear2106@msn.com or text 603-493-5487.

Saturday, July 9 / 9:30am

Trail work at Poke-O Moonshine

Hosted by: [ADK Keene Valley Chapter](#)

Meeting at 9:30 at the Route 9 parking area a mile south of the campground and 14 miles north of Elizabethtown. Contact David Thomas-Train, badtts@gmail.com.

Monday, July 11 / 7:00pm — at the Keene Valley Library

Voices from the Valley

Hosted by: [ATIS](#)

What does Diversity, Equity and Inclusion look like for the community of Keene? A discussion of lived experience in the town of Keene and on the trails of the High Peaks. Hear from local residents, Bob Woughter, Principal of Keene Central School, Robbi Mecus, Park Ranger and Chair of Town DEI Committee with moderator, Reid Jewett Smith, PhD, ATIS Advisory Board Member and incoming Executive Director of Little Peaks Early Childhood Center.

Tuesday, July 12 / 9:30am

Trail work at Poke-O Moonshine

Hosted by: [ADK Keene Valley Chapter](#)

Meeting at 9:30 at the Route 9 parking area a mile south of the campground and 14 miles north of Elizabethtown. Contact David Thomas-Train, badtts@gmail.com.

Thursday, July 14 / 10:00 – 1:00

Geology Amble

Hosted by: [ATIS](#)

Walk on the West River Trail and back along the Ladies Mile. Meet on the Ausable Club porch. Contact Thaddeus Bejnar, 575-418-9115.

Sunday, July 17 / Time TBD

Upper St Regis Lake & St Regis Mountain

Hosted by: ADK Keene Valley Chapter

We will paddle (roughly 2 miles each way) across Upper St. Regis Lake to a trailhead on Spring Bay, then climb St. Regis Mountain (roughly 4.5 miles round trip). From the top—especially from the fire tower—you can see much of the St. Regis Canoe Wilderness. You'll need to provide your own boat and transportation to the launch point on Upper Saint Regis Lake. Contact Stephen Longmire, slongmire@gmail.com for meeting time & location.

Tuesday, July 19 / Time TBD

Hanging Spear Falls

Hosted by: ATIS

Hanging Spear is one of the greats in the Adirondacks. A real tough one to get to, as well. Nothing but a ~10 mile hike will do, so you usually have the place to yourself. Will be starting at the Upper Works. Will go by the Calamity Pond monument as well as Flowed Lands. Contact Terry Buchanan, terrybear2106@msn.com or text 603-493-5487.

Tuesday, July 26 / 10:00am

Tenderfoot Pools

Hosted by: ATIS

Meet at Keene Central School at 10:00am. Contact Karen Doman, 215-534-3206.

August Calendar

Monday, August 1 / 9:00am – 4:00pm

Memorial Paddle for Emily Pugsley

Hosted by: ADK Hurricane Chapter

Join Emily's family for a trip to one of her favorite paddling locations. We'll explore Floodwood Pond and Fish Creek and share memories of Emily. Meet at St. Brendan's at 9:00. Contact Mary Pugsley Whitney, 518-576-9892, mpwhitney62@icloud.com.

Tuesday, August 2 / 8:00am – 4:00pm

Street and Nye

Hosted by: ADK Keene Valley Chapter

9 miles RT on good herdpaths. Contact Tony Goodwin, tgoodwin12942@gmail.com.

Monday, August 8 / 9:45am – 2:00pm

Indian Head via Gill Brook Trail

Hosted by: ATIS

Meet at the Ausable Club porch at 9:45. Call, text or email Joanna Smith, 832-578-6889, jsmithlpc@gmail.com.

Wednesday, August 10 / Time TBD

Pine Pond Canoe Trip

Hosted by: ATIS

Starting at the State Bridge put in near Saranac Lake. A lovely paddle through the lower locks to the carry over to Pine Pond. A lovely little kettle pond with crystal clear water. Bring a hammock. Will need to provide own canoe, etc, but we can try and coordinate. Contact Terry Buchanan, terrybear2106@msn.com or text 603-493-5487.

Wednesday, August 10 / 10:00am – 2:00pm

Mystery Hike!

Hosted by: [ADK Keene Valley Chapter](#)

Hike to a nearby, little known killer view. Meet at St Brendan's. Contact Karen Doman, 215-534-3206.

Thursday, August 11 / 8:00am – 5:00pm

BIG Mystery Hike

Hosted by: [ATIS](#)

Call, text or email Joanna Smith, 832-578-6889, jsmithlpc@gmail.com.

Tuesday, August 16 / 9:00am – 4:00pm

Mystery Hike!

Hosted by: [ATIS](#)

Call, text or email Joanna Smith, 832-578-6889, jsmithlpc@gmail.com.

Wednesday, August 17 / Time TBD

Follensby Clear Loop - Follensby Clear Pond - Polliwog Pond - Horseshoe Pond

Hosted by: [ADK Keene Valley Chapter](#)

Roughly 6 miles of paddling + 4 Carries totaling .5 mile. You must have your own boat or paddle board. Contact Lisa Godfrey, 215-990-0482, lisajgodfrey@gmail.com, for exact time and meet up location.

Thursday August 18 / Time TBD

Bennie's Brook Slide via the South Side Trail

Hosted by: [ADK Keene Valley Chapter](#)

Meet at Keene Central School at 9:30. Contact Stephen Longmire, slongmire@gmail.com.

Tuesday August 24 / Time TBD

Jay Mountain

Hosted by: [ATIS](#)

Jay Mountain is a 7-mile hike (round trip) through stunning forests to an open ridgeline trail that provides dozens of great scenic vistas on the way to a rocky summit with sweeping views. Contact Terry Buchanan, terrybear2106@msn.com or text 603-493-5487.

Saturday, August 27, 2022

Porter Mountain Trail Work

Hosted by: [ADK Keene Valley Chapter](#)

We will be working on the trail between Blueberry and Porter Mountains. For more information and meeting place please contact Tony Goodwin, tgoodwin12942@gmail.com.