



* = Transportation Needed

@ = Lake Road Bus Ticket Needed

Additional trip information available at atistrail.org or at ATIS Building

ATIS JUNIOR PROGRAM July 2026



ATIS Phone # 518 576-9157

Please visit atistrail.org
to sign up for trips!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7/6 Counselor Training</p>  <p>Capture the Flag 7-8:30 PM</p>	<p>7 A: Giant & Rocky 8-5* B: Gothics 8:45-4:15* C: Fish Hawk Cliffs & Indian Head 9:45-2:15@ Discovery: Mossy Cascade 10:30-1* Lower Lake Activities 9:45-3:15@</p>	<p>8 A: Street and Nye 8-5* B: Noonmark 10-3 C: Pitchoff Boulders 9:30-2:30* Nature Activities (ages 4-6) 10-12@ A/B: Lake Placid Canoe w/ Eagle Eyrie hike 8:30-3:30*</p>	<p>9 AA: Santanoni Range 6-7* B: Nun-da-ga-o Ridge 9-3* C: West River Trail Waterfalls 9:30-2:15@ Discovery: Round Pond 10:30-2* <i>Alderdice Overnight (ages 7-10) 5:15 Thurs. – 3:15 Fri.@</i></p>	<p>10A: Whiteface & Esther 8-5* A/B: Haystack 7:45-5:15@ C: Owl Head Lookout 9:30-2:30* Rock Climbing (Beginner) 10-2:30* <i>Nubble Dinner and Sunset 5pm–10pm*(ages 10+, see packing list)</i></p>
<p>13A+: Grace Peak via Slide 8-4* A/B: Stillwater Canoe 8:45-4:15@ B: Hurricane 9:30-3:30* C: Pitchoff Boulders 9:30-2:30* Discovery: Beaver Meadow Falls 10:45-2:15@ Capture the Flag 7-8:30 PM</p>	<p>14A/B: Colvin & Blake 8:45-5:15@ B: Giant 8:30-4:30* C: Boquet River Pools 10-1:30* Rock Climbing (Int.) 9:30-3* <i>Alderdice Overnight (ages 7-10) 5:15 Tues. – 3:15 Wed.@</i></p>	<p>15 A:Phelps & Tabletop 8-5* B: Lower Lake Paddle & Indian Head (With KYC) 10-3@ C: Snow 10-3* Discovery: Deer Brook Falls 10:30-1:30*</p>	<p>16 A: Nippletop & Dial 7:45-4:30@ B+: Algonquin 8:30-5* C: Poke-O-Moonshine 9-3* Nature Activities (ages 4-6) 10-12@ <i>Haystack Sunrise Overnight (ages 10-15) 10:45 Thurs. – 2:15 Fri@</i></p>	<p>17 AA: Dix Range Traverse 6-6* B: Big Slide 9-4:30* C: Cathedral Rocks & Bear Run 9:45-2:30@ Discovery: Giants Washbowl & Ledges 10-1:30*</p>
<p>20 A+: Giant via Bottle Slide 8-4:30* A/B: Saranac Lake Canoe 8:00-4:30* B: Hopkins & Spredaeagle 9:30-4* C: Nubble 10-3* Skills: Backcountry Cooking 9:45-3:15@ (age 10+) Nature Activities (ages 4-6) 10-12@ Capture the Flag 7-8:30 PM</p>	<p>21A: Jay Range 9-5* B+: Cascade & Porter Traverse 9-4:30* C: Tenderfoot Pools 10-3* Junior Trail Crew (ages 10-15) 9-4@ Discovery: Hurricane Lookout 10:30-1:30* <i>Hurricane Sunset/Sunrise Overnight (ages 11+) 5pm Tues. - 8am Weds.*</i></p>	<p>22 ATIS Picnic!</p> <p>At the Lower Ausable Lake Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 5PM Return buses on the hour 3-6PM \$25/person incl. dinner and bus fare</p>	<p>23 A: Indian Pass Traverse 8-4* B: Ampersand 8:30-4* C+: Rooster Comb 9:30-2:30* Rock Climbing (Beg) 10-3 WITH KYC* Discovery: Indian Cove Paddle 9:45-2:15@ <i>John's Brook Overnight (ages 8-12) 9 Thurs. – 4 Fri.*</i></p>	<p>24 AA: Great Range Traverse 5a-7p@* B: Fairy Ladder Falls 8:45-4:15@ C: Weston Mt. 9:30-2:30* C: Round Mt. 10-3* Lower Lake Activities 9:45-3:15@</p>
<p>27 A: Gothics & Sawteeth 7:45-4:15@ B: Colvin 8:45-3:15@ C: Lost Lookout & Beaver Meadow Falls 9:45-2:15@ Girls Inc. Day Trip - Lake George Capture the Flag 7-8:30 PM</p>	<p>28 AA:Marshall 7:30-5:30* B+: Upper Wolf Jaw 8:45-4:15@ C: Clements Pond 9:30-2:30* Discovery: Owls Head 10:30-2* Skills: Orienteering (ages 8+) 9-2@ <i>Saranac Chain Canoe Overnight 9 Tues. – 4 Thurs*</i></p>	<p>29A: Colden East to West 7:30-4* B: Iron Mt. 8:30-2:30* B: Lower Lake Paddle & Indian Head (With KYC) 10-3@ C: The Brothers 9:30-2:30* Nature Activities (ages 4-6) 10-12@ <i>Alderdice Overnight (ages 7-10) 5:15 Wed. – 3:15 Thurs@</i></p>	<p>30 A: Macomb 8-5* B: Blake 8:45-3:15@ Discovery: Marble Point Paddle & Hike 9:45-2:15@ Girls Inc. Overnight Trip - Keene Valley</p>	<p>7/31A:McKenzie & Moose 8-5* C: Baxter Mountain 10-3* Lower Lake Activities 9:45-3:15@ Girls Inc. Overnight Trip - Keene Valley</p>

PLEASE BE SURE THAT THE FOLLOWING EQUIPMENT IS PACKED FOR ALL TRIPS: Water Amounts: A hike, 2-3 Liters | B hikes, 2 liters | C hikes, 1 liter.

Day Trips: Hiking shoes, fleece or jacket, rain gear, filled water bottle(s), insect repellent, lunch, day pack.

Overnights: All of the above plus extra shirt, long pants sleeping bag & pad, overnight pack capable of carrying both personal and group gear, headlamp, eating utensils (knife, fork, spoon, cup, plate), toilet articles, swimsuit

ALL PARTICIPANTS SHOULD ARRIVE AT THE ATIS HUT AT LEAST 5 MINUTES BEFORE SCHEDULED TRIP DEPARTURE



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>8/3 A+: Bennie's Brook Slide 8-3:15* B: Giant 8:30-4:30* C: Tenderfoot Pools 10-3* Discovery: Big Crow 10:30-2* Skills: Leave No Trace (ages 8+) 9-12@ Capture the Flag 7-8:30 PM</p>	<p>8/4 A: Street & Nye 8-5* B: Hurricane 8:30-2:30* C: Round Mountain 10-3* Nature Activities (ages 4-6) 10-12@ <i>Alderdice Overnight (ages 7-10) 5:15 Tues. – 3:15 Wed.@</i></p>	<p>8/5 AA: Cliff & Redfield 6-6* B: Noble Mountain Lookout 8-3:30* C: Fish Hawk Cliffs & Indian Head 9:45-2:15@ Rock Climbing (Beg) with KYC 10-3*</p>	<p>8/6A+: Wright, Algonquin, Iroquois 8-5:30* B: Dial 7:45-3:15@ C: Mt VanHoevenberg 9:30-2:30* Rock Climbing (Int) 9-3* Lower Lake Activities 9:45-3:15@</p>	<p>8/7A/B: Whiteface via Canoe 8-5* B: Sage's Folly 8:45-4:15@ C: Mt. Gilligan 10-3* Discovery: Rainbow Falls 10:45-2: 15@ <i>Pitchoff Boulders Dinner and Sunset 5pm-10pm* (ages 10+, see packing list))</i></p>
<p>8/10 A: Lower Great Range 7:45-4:30@ A/B Schroon River Canoe 8:30-3: 30* B: Pitchoff Traverse 9:30-4* C: Mt. Inez 9:30-3* Lower Lake Activities 9:45-3:15@ Capture the Flag 7-8:30 PM</p>	<p>8/11 AA: Allen 6-6* B+: Wright Peak 8:30-4:30* C: Cathedral Rocks & Bear Run 9:45-2:30@ Discovery: Mt. Jo 10-2:30* Rock Climbing (Advanced) 9:30-3:30*</p>	<p>8/12 A: Phelps via Klondike 8-5* B: Knob Lock Mt. 9-2:30* C: Boquet River Pools 10-1:30* Nature Activities (4-6) 10-12@ <i>Sewards Overnight (ages 11-15) 9 Wed.-3 Fri*</i></p>	<p>8/13 A: Macnaughton 7:30-5* B +: Big Slide 9-4:30* Discovery: Gill Brook Waterfalls 10: 45-2:15@ <i>Alderdice Overnight (ages 7-10) 5: 15 Thurs. – 3:15 Fri.@</i></p>	<p>8/14 A: Marcy from Loj 7-4:30* B: Jay Mountain 9-3:30* C: West River Trail Waterfalls 9:30-2:15@</p>
<p>8/17AA: Skylight & Gray 6:45-6: 15@ B+: Cascade & Porter Traverse 9-4: 30* C: Owl Head Lookout 9:30-2:30* Discovery: Giant's Washbowl & Ledges 10-1:30* Capture the Flag 7-8:30 PM</p>	<p>8/18A+: Dix from Club 8-5 C: Snow 10-3* <u>Junior Trail Crew (ages 10-15)</u> <u>Location TBD 9-4@</u> <i>Hurricane Sunset/Sunrise Overnight (ages 11+) 5 pm Tues. – 8 am Wed.*</i></p>	<p>8/19 ATIS Picnic! At the Lower Ausable Lake Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 5PM Return buses on the hour 3-6PM \$25/person incl. dinner and bus fare</p>	<p>8/20 A: Nippletop & Dial 7:45-4: 30@ A/B: Stillwater Canoe 8:45-4:15@ B: Bald Peak 9-4* Rock Climbing (Beginner) 10-2:30*</p>	<p>8/21 A: Avalanche Mt. 8-5* B: Pelkey Ledges 8:30-4:30* C: Nubble 10-3* Discovery: Marble Point Paddle & Hike 9:45-2:15@</p>
<p>8/24 A+: Macomb, South Dix, Hough 8-5:30* B: Nun-da-ga-o Ridge 9-3* C: Noonmark Burn Area 9:45-2: 30@ Discovery: Deer Brook Falls 10:30-1:30* Capture the Flag 7-8:15 PM</p>	<p>8/25 A: Grace Peak 8-4* B: Sawteeth 8:45-4:15@ C+: Rooster Comb 10-3* <i>Alderdice Overnight (ages 7-10) 5: 15 Tues– 3:15 Wed@</i></p>	<p>8/26 B: Blake 8:45-3:15@ C: Round Pond 10:30-2* Rock Climbing (Intermediate) 9- 3:30* <i>Rocky Sunrise Overnight (ages 10-15) 10:45 Wed– 2:15 Thur*</i></p>	<p>8/27 A: Haystack & Basin 7:45-5: 15@ B+: Algonquin 8:30-5* C: Pitchoff Boulders 9:30-2:30*</p>	<p>8/28 A+: Saddleback & Gothics via Orebed Slide 8- 4:15* B: Gothics 8:45-4:15@ C: Fish Hawk Cliffs & Indian Head 11:45-4:15@ Discovery: Indian Cove Paddle 1:15-4:15@ Season-end celebration 4:15 pm</p>

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