

IMPORTANT ATIS TRIP INFORMATION 2024

As in recent years, in 2024 all Junior Program trips will meet and leave from the area in front of the ATIS building.

Each trip is rated to allow potential participants to judge a trip's difficulty and to ensure that all hikers on a given hike are of approximately the same ability and therefore form a well-matched group. While ATIS hikes are not "races" by any means, individuals joining a trip should feel reasonably confident that they can complete the trip within the time stated on the trip schedule. When ages are specified, it is the age the child will be on October 1.

AA Trips are full day (10+ hours of hiking) outings often covering 16 or more miles.

A Trips are for experienced hikers. Distances covered range from 9-15 miles.

B Trips are generally 5-9 miles in length and are for children who have hiking experience.

C Trips are primarily for younger children down to age six as long as they are self-sufficient for the duration of the trip. Trips are usually 2.5-5 miles in length.

Discovery Trips are designed for 4-7-year-olds as introductory hiking experiences. These trips are less focused on reaching the summit and more interested in exploring the trail along the way. Activities include storytelling, games, and songs.

Nature Activities alternate between programs designed for 4-6-year-olds and 7-10-year-olds as designated on the trip calendar. Children generally explore the West River Trail while learning about the natural world.

Rock Climbing trips are organized into three ability levels—beginner, intermediate, and advanced—to allow for kids to become comfortable on rock, practice their climbing skills, and progress toward self-sufficiency in the sport.

Adult Trips are led by adult volunteers. These trips are listed on a separate schedule.

What to Bring: See equipment list on the bottom of the trip calendar.

Sign Up Procedure – All signups are now available online at [atis.corsizio.com](https://www.atiscorsizio.com). For questions about signing up please feel free to call from 8-11 am every weekday (518-576-9157).

Transportation - ATIS relies on the generosity of parents and other adult drivers for transportation. *ALL PARENTS SHOULD CONSIDER IT AN OBLIGATION TO REMAIN UNTIL A TRIP HAS DEPARTED TO BE SURE THAT THERE IS ENOUGH TRANSPORTATION. ATIS PROGRAMS BENEFIT ALL. EVERYONE SHOULD DO THEIR FAIR SHARE TO MAKE THEM WORK.* Don't let the loyal few unfairly bear the burden.

Bus Ticket Needed - Those joining trips requiring bus transportation to or from the Lower Lake may purchase those tickets on the day of the trip. This is indicated by the "@" symbol on the calendar. The fare is \$4 one-way for children 12 and under, and \$6 one way for adults.

Mandatory Health Form and Participation Release - As in years past, each participant must have a "Health Information and Permission to Treat" form on file before going on any trip. This form does not require a physical exam or physician's statement but ensures that the counselors are aware of any allergies or medications taken. Starting in the summer of 2024, ATIS will also be asking parents and guardians to complete a participation release form to participate in ATIS trips. Copies of these forms are available at the ATIS Headquarters, the Ausable Club desk, and on the ATIS web site: www.atistrail.org

Cancellation of trips due to weather is rare, since many stormy mornings have turned into beautiful afternoons. Call the ATIS number (518-576-9157) for information regarding cancellations.