

IMPORTANT ATIS TRIP INFORMATION

2021

This year, all trips will meet and leave from the area between the parking lot behind the clubhouse and the ATIS Hut.

Each trip is rated to allow potential participants to judge a trip's difficulty and to ensure that all hikers on a given hike are of approximately the same ability and therefore form a well-matched group. ATIS hikes are not "races", but individuals joining a trip should feel reasonably confident that they can complete the trip within the time stated on the trip schedule. When ages are specified, it is the age the child will be on October 1.

AA Trips are full day (10+ hours of hiking) outings often covering 18 or more miles.

A Trips are for experienced hikers. Distances covered range from 8-15 miles.

B Trips are generally 4-8 miles in length and are for children who have hiking experience.

C Trips are primarily for younger children down to age six as long as they are self-sufficient for the duration of the trip.

Discovery Trips are designed for 4-7-year-olds as introductory hiking experiences. These trips are less focused on reaching the summit and more interested in exploring the trail along the way. Activities include storytelling, games, and songs.

Nature Activities alternate between programs designed for 4-6-year-olds and 7-10-year-olds as designated on the trip calendar. Children generally explore the West River Trail while learning about the natural world.

Rock Climbing trips are organized into three ability levels—beginner, intermediate, and advanced—to allow for kids to become comfortable on rock, practice their climbing skills, and progress toward self-sufficiency in the sport.

Adult Trips are led by adult volunteers. These trips are listed on a separate schedule.

What to Bring: See equipment list on the bottom of the trip calendar.

Sign Up Procedure - An advance sign up is required for overnight trips and rock climbing club and is recommended for all other trips. The procedures for 2021 are similar to the new system we used in 2020. Details are on the back of this sheet.

Transportation - The ATIS must rely on the generosity of parents and other adult drivers for transportation. *ALL PARENTS SHOULD CONSIDER IT AN OBLIGATION TO REMAIN UNTIL A TRIP HAS DEPARTED TO BE SURE THAT THERE IS ENOUGH TRANSPORTATION. ATIS PROGRAMS BENEFIT ALL. EVERYONE SHOULD DO HIS OR HER FAIR SHARE TO MAKE THEM WORK.* Don't let the loyal few unfairly bear the burden.

Bus Ticket Needed - Those joining trips requiring bus transportation to or from the Lower Lake may purchase those tickets on the day of the trip. This is indicated by the "@" symbol on the calendar. The fare is \$3.50 one-way for children 12 and under, and \$5.50 one way for adults.

Mandatory Health Form - Each participant must have a "Health Information and Permission to Treat form on file before going on any trip. This form does not require a physical exam or physician's statement, but insures that the counselors are aware of any allergies or medications taken. Copies of this form are available at the ATIS Headquarters, the Club desk, and on the ATIS web site: www.atistrail.org

Cancellation of trips due to weather is rare, since many stormy mornings have turned into beautiful afternoons. Call the ATIS number for information regarding cancellations.

UNIQUE TRIP SIGN UP PROCEDURE

ATIS uses a unique trip sign up procedure that is worth reviewing at the start of each summer. **We encourage advance sign-up** to avoid disappointment when trips fill up. However, participants may join day trips the morning of the trip simply by showing up, but only *if there is space available*. In order to comply with group size regulations on state land, all trips are limited in group size. Advance sign-ups also help us gauge demand for a particular trip and add a trip if necessary and possible.

1. After last year's positive experience with an online system for signing up for Junior Program trips, we have adopted a largely similar system for sign-ups for 2021. As was the case last summer, the bulk of sign-ups for ATIS trips will take place via a Google Form, which will be available on the ATIS website. That form will be released on Wednesday for the following week's trips; we ask that families complete that form by 8:00 am on Saturday mornings (for example, to sign up for trips the week of July 5-9, the form will be released on Wednesday, June 30 and families should fill out the form by Saturday, July 3). We will then place participants on trips and confirm via email places on trips by Sunday morning. In the case that a trip is overenrolled, we will randomly select who will be on the trip and who will be on the waitlist.

2. This is not a first-come, first-served system. A sign-up received Saturday morning will be treated the same as one received Wednesday afternoon. This should permit some discussion/deliberation of which trips a child really wants to do as opposed to grabbing spots 'just in case...' On Saturday, we will look at all the submitted trip requests and allocate them as fairly as possible over the course of the week. A person who ends up on a waiting list for a Monday trip, for instance, would be given preference for any trip request later in the week.

2. As in previous years, we will still have someone available from 8-11 am each weekday to staff our phone line. You can sign up for trips during the current week via phone if there are any spaces available (for example, you can sign up via phone on Monday, July 5 for any trips on July 5-9.) You cannot, however, sign up for trips for the following week by phone). You can also reach us by phone with any questions or cancellations.

3. Those registered who are forced to cancel at the last minute should call the ATIS number so that the space can be filled. Last minute cancellations and no-shows are a nuisance and are often unfair to others who wanted to go on the trip. **Please sign up only for trips you know you want to do.**

SPECIAL MAIL PRE-REGISTRATION FOR AA, ROCK CLIMBING, AND OVERNIGHT TRIPS

We are not offering this option this year.



* = Transportation Needed

@ = Lake Road Bus Ticket Needed

ATIS JUNIOR PROGRAM

July 2021



ATIS Phone # 518 576-9157

See separate sheet for
NEW sign-up procedure

Additional trip information available at atistrail.org or at ATIS Building

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 A: East Dix 8-4* B: Hurricane 9-3* C+: Roostercomb 10-3* Discovery: Mossy Cascade 10:30-1* Survivor: Intro to Map and Compass (ages 8-13) 9:30-2:30</p>	<p>6 A: Nippletop & Dial 7:45-5@ B+: Wright 8:30-3:30* C: Nubble 10-2:30* Lower Lake Activities 8:45-2:15@ Rock Climbing (Intermediate) 9:30-4*</p>	<p>7 A: Whiteface & Esther 8-5* A/B: Saranac River Canoe 8:30-4* B: Jay 9-3:30* C: Boquet River Pools 10-1:30* Discovery: Rainbow Falls 10:45-12:45@</p>	<p>8 AA: Allen 6-6* B: Gothics 8:45-4:15@ C: Owl Head Lookout 10-3* Nature Activities (ages 7-10) 9:30-12:30 Rock Climbing (Advanced) 8-4* Alderdice Overnight (ages 7-10) 2:15 Th. – 11:45 Fr. @ \$15</p>	<p>9 A+: Giant via slide 8:30-3:30 B: Hopkins and Spread Eagle 9-3* C: West River Trail to Beaver Meadow Falls, Rainbow Falls, and Lower Lake 9:30-2:15@ Discovery: Round Pond 10-1*</p>
<p>12 A+: Macomb, South Dix, and Hough 8-5:30* B: Pitchoff Traverse 8:30-2:30* C: Mt. Van Hoevenberg 9:30-2:30* Nature Activities (ages 4-6) 10-12 Lower Lake Activities 8:45-2:15@ Capture the Flag 7-8:30 PM</p>	<p>13 A: Lower Great Range 7:45-5@ B: Giant 9-4* C: Noonmark Burn Area 9:45-2@ Rock Climbing (Beginner) 9:30-2* Nubble Dinner and Sunset 5:15 pm – 10 pm (bring utensils, plate, and headlamp, ages 10+) \$5*</p>	<p>14 A+: Algonquin, Iroquois, and Wright 7:30-5* B+: Big Slide via the Brothers 9-4* C: Owen and Copperas Pond 10-3* Discovery: Beaver Meadow Falls 10:45-2:15@ Survivor: Backcountry Cooking (ages 11-15) 9:30-2:30 Seward Range Overnight (ages 11-15) 8 Wed. – 2 Fr. * \$40</p>	<p>15 A+: Saddleback and Basin via Shanty Brook Slide 7:45-6:15@ B: Noonmark and Round 9:30-3:30 C+: Catamount 9-3* Discovery: Baxter 10-1* Rock Climbing (Intermediate) 9-3:30*</p>	<p>16 AA: Cliff and Redfield 6-6* B+: Haystack 7:45-5:15@ B: Nun-da-ga-o Ridge 9-3* C: Blueberry Cobbles 10-3* Discovery: Marble Point Paddle and Hike 10:45-2:15@</p>
<p>19 A+: Rocky Peak Ridge and Giant Traverse (Blueberry Cobbles to Owl Head Lookout) 8-5:30* B: Ampersand 9-4* C: Snow 10-2* Nature Activities (ages 7-10) 9:30-12:30 Discovery: Wedge Brook Cascades 10:45-2:15@</p>	<p>20 A: Lower Wolfjaw via Bennie's Brook Slide 9:30-3:30* C: Lost Lookout and Beaver Meadow Falls 9:45-2:15@ Junior Trail Crew (ages 10-15) Location TBD 9-4* Hurricane Sunset/Sunrise Overnight 5 pm Tu. – 8 am Wed.* (bring snack & sleeping bag, ages 11+)</p>	<p>21 ATIS Picnic! At the Lower Ausable Lake Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 4:30 PM Return buses on the hour 3-6PM \$15/person incl. dinner and bus fare</p>	<p>22 AA: Skylight and Gray 6:45-6:15*@ B+: Dial 8:45-4:15@ C: The Crows 10-2* Rock Climbing (Advanced) 8-4* Saranac Lake Canoe Overnight (ages 10-15) 8:30 Th. – 4 Fr. * \$30 Alderdice Overnight (ages 7-10) 2:15 Th. – 11:45 Fr. @ \$15</p>	<p>23 A: Tabletop and Phelps 8-5* B+: Indian Pass Traverse 8:30-4:30* C: Tenderfoot Pools 10-3* Discovery: Giant's Washbowl 10:30-2*</p>
<p>26 AA: Marcy and the Complete Great Range 6-7* A/B: Chubb River Canoe 9-4* B+: Algonquin 8:30-4:30* C: Poke-O-Moonshine 10-3* Discovery: Gill Brook Waterfalls 10:45-12:45@ Capture the Flag 7-8:30 PM</p>	<p>27 A: Street and Nye 8-5* B: Sages Folly and Shanty Brook Swim 8:45-4:15@ C: Weston 9:30-2:30* Rock Climbing (Beginner) 10-2:30* Alderdice Overnight (ages 7-10) 2:15 Tu. – 11:45 Wed. @ \$15</p>	<p>28 A+: Dix via North Slide 8-5:30* B: Elizabethtown Peak No. 4 Bushwhack 9:30-3:30* C: Round Mt. 10-3 Discovery: Indian Cove Paddle 10:45-12:45@ Lower Lake Activities 8:45-2:15@</p>	<p>29 A+: Basin, Saddleback, and Gothics 7:45-5:15@ B+: Colvin and Blake 8:45-4:15@ C: Pitchoff Boulders 10-3* Discovery: Big Crow 10:30-2* Rock Climbing (Intermediate) 9-3:30* East Dix Sunrise Overnight (ages 11-15) 2 pm Th. – 12 pm Fr. * \$20</p>	<p>30 A: Sawteeth and Gothics 7:45-4:15@ B+: Phelps 9-4* C: Fish Hawk Cliffs and Indian Head 9:45-2:15@ Nature Activities (ages 4-6) 10:30-12:30 Antiracism and the Adirondacks: John Brown's Farm (ages 11-15) 10-3*</p>

PLEASE BE SURE THAT THE FOLLOWING EQUIPMENT IS PACKED FOR ALL TRIPS:

Water Amounts:

A hikes: 2-3 qts.

B hikes: 1.5-2 qts.

C hikes: 1-1.5 qts.

Day Trips:

Good hiking shoes, fleece or non-cotton jacket, rain gear, filled water bottle(s), insect repellent, lunch, day pack

Overnights: All of the above plus extra shirt, long pants (preferably not 100% cotton), sleeping bag & pad, overnight pack capable of carrying both personal and group gear, headlamp, eating utensils (knife, fork, spoon, cup, plate), toilet articles, bathing suit

ALL PARTICIPANTS SHOULD ARRIVE AT THE ATIS HUT AT LEAST 5 MINUTES BEFORE SCHEDULED TRIP DEPARTURE





* = Transportation Needed

@ = Lake Road Bus Ticket Needed

ATIS JUNIOR PROGRAM AUGUST 2021



ATIS Phone # 518 576-9157

See separate sheet for
NEW sign-up procedure

Additional trip information available at atistrail.org or at ATIS Building

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 A+: Nippletop via slide 7:45-5:15@ B: Bald Peak 9-4* C: Owl Head Lookout 10-3* Discovery: Round Pond 10:30-1:30* Rock Climbing (Advanced) 8:30-4:30* <i>Alderdice Overnight (ages 7-10) 2:15 Mon. – 11:45 Tu. @ \$15</i></p>	<p>3 AA: Colden via Trap Dike 8-5:30* B+: Cascade and Porter w/ return to Marcy Field 9:30-4:30* C: King Wall 10-1* Lower Lake Activities 8:45-2:15@</p>	<p>4 A: Macomb 8-5* B: Noonmark from Round Pond 9:30-3:30* C: Blueberry Cobbles 10-3* Discovery: Beaver Meadow Falls 10:45-2:15@ Nature Activities (ages 7-10) 9-12 <i>Feldspar Brook Overnight 8 Wed. – 4 Fr. * \$40</i></p>	<p>5 A+: Wright via Airplane Slide 8-5* A/B: Lake Placid Canoe w/ ascent of Eagle Eyrie 8:30-3:30* B: Saddleback (Jay Range) 9-3:30* C: Noonmark Burn Area 9:45-2@ Rock Climbing (Beginner) 9:30-2*</p>	<p>6 AA: Marshall 8-6* B+: Big Slide via the Brothers 9-4* C: Clements Pond 9:30-2:30* Discovery: Baxter 10-1* Roostercomb Dinner and Sunset 5 pm - 10 pm (bring utensils, plate, and headlamp, ages 10+) \$5*</p>
<p>9 A: Lower Great Range 7:45-5@ B: Iron Mountain 9-3* C: Bear Run 9:45-1:30@ Discovery: Giant's Washbowl 10:30-2* Survivor: Emergency Scenarios (ages 8-13) 9:30-2:30 Bog-Oswegatchie Canoe Overnight (ages 11-15) 8 Mon. – 4 Wed. *\$45 Capture the Flag 7-8:30 PM</p>	<p>10 A+: Saddleback and Gothics via Ore Bed Brook Slide 8-5:15*@ B: Knob Lock 9:30-3* C: Boquet River Pools 10-1:30* Rock Climbing (Intermediate) 9-3:30*</p>	<p>11 AA: Santanoni Range 6-7* B+: Wright 8:30-3:30* C+: Roostercomb 9:30-2:30* Discovery: Owl's Head 10-1:30* Lower Lake Activities 8:45-2:15@</p>	<p>12 A: Giant via Dipper Brook (Bushwhack) 8-5* B: Jay 9-3:30* C: The Brothers 9:30-2:30* Discovery: Marble Point Paddle and Hike 10:45-2:15@ Rock Climbing (Beginner) 10-2:30* <i>Haystack Sunrise Overnight (ages 11-15) 10:45 Th. – 12:45 Fr. @ \$20</i></p>	<p>13 A+: Marcy Traverse (Warden's Camp to Garden) 7:45-5:30@* B: Sawteeth 8:45-4:15@ C: Coon Mountain 1-4:30* (families invited - suggested trip to Dogwood Pizza afterwards!) Nature Activities (ages 4-6) 10-12 Survivor: Advanced Map and Compass (ages 10-15) 9:30-2:30</p>
<p>16 A+: Whiteface via slide 8-5* B+: Haystack 7:45-5:15@ C: Pitchoff Boulders 10-3* Discovery: Gill Brook Waterfalls 10:45-12:45@ <i>Alderdice Overnight (ages 7-10) 2:15 Mon. – 11:45 Tu. @ \$15</i></p>	<p>17 <u>Junior Trail Crew (ages 10-15)</u> <u>Location TBD 9-4*</u> <i>Hurricane Sunset/Sunrise Overnight 5 pm Tu. – 8 am Wed. * (bring snack & sleeping bag, ages 11+)</i></p>	<p>18 ATIS Picnic! At the Lower Ausable Lake Tickets on sale at 1 PM Swim Races 2-3 Sandcastle judging 3:15 Canoe races 3:15-4:30 Dinner 4:30PM Return buses on the hour 3-6PM \$15/person incl. dinner and bus fare</p>	<p>19 A: Algonquin and Iroquois w/ descent via Avalanche Pass 8-5:30* B: Nun-da-ga-o Ridge 9-3* C: Flume Knob 10-3* Discovery: Big Crow 10:30-2* <i>Johns Brook Overnight (ages 8-12) 8 Th. – 4 Fr. * \$25</i></p>	<p>20 AA: Dix Range Traverse 6-6* B: McKenzie Mt. 9-4* C: Mt. Van Hoevenberg 9:30-2:30* Survivor: Fire Building (ages 10-15) 9:45-2:15@</p>
<p>23 A+: Colden via East Slide 8-5* B: Gothics 8:45-4:15@ C: Snow 10-2* Discovery: Rainbow Falls 10:45-12:45@ Capture the Flag 7-8:15 PM</p>	<p>24 A: Street and Nye 8-5* B: Hurricane 9-3* C: Lost Lookout 9:45-2:15@ Rock Climbing (Advanced) 8-4* Noonmark Dinner and Sunset 5 pm - 10 pm (bring utensils, plate, and headlamp, ages 10+) \$5*</p>	<p>25 A+: Cascade via slide 9-3:30* B: Phelps w/ descent via Klondike Notch 8:30-3:30* C: Baxter from Keene Valley 10-1:30* Discovery: Indian Cove Paddle 10:45-12:45@</p>	<p>26 A+: Haystack, Basin, Saddleback, and Gothics 7:45-6:15@ B+: Colvin and Blake 8:45-4:15@ C: Tenderfoot Pools 10-3* Nature Activities (ages 7-10) 9:30-12:30</p>	<p>27 A: Giant and Rocky Peak Ridge 8-4* B: Giant 9-4* C: Nubble 11-4* Discovery: Roaring Brook Falls 1-4 Season-end celebration 4pm</p>

PLEASE BE SURE THAT THE FOLLOWING EQUIPMENT IS PACKED FOR ALL TRIPS:

Water Amounts:

Day Trips:

A hikes: 2-3 qts.

Overnights:

B hikes: 1.5-2 qts.

All of the above plus extra shirt, long pants (preferably not 100% cotton), sleeping bag & pad, overnight pack capable of carrying both personal and group gear, headlamp, eating utensils (knife, fork, spoon, cup, plate), toilet articles, bathing suit

C hikes: 1-1.5 qts.

ALL PARTICIPANTS SHOULD ARRIVE AT THE ATIS HUT AT LEAST 5 MINUTES BEFORE SCHEDULED TRIP DEPARTURE

